

## SCIENTIFIC / EDUCATION PROGRAM

### Radisson Hotel Vancouver Airport

8181 Cambie Road, Richmond, BC.

**Sunday January 10th, 2016**

8:00 am Registration

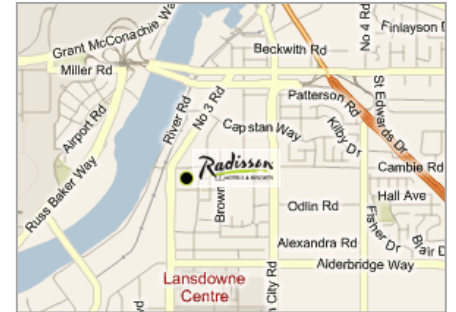
### Three (3) Continuing Education Credit Hours

The full 3-hour session must be attended to obtain credit. Partial credit will not be given.

### Free of Charge

Registration online is advised. Seats are limited. Registration is on a first come, first served basis.

請於網上註冊，唯座位有限，以先到先得為準



*Scientific / Education Program and AGM sessions will be presented in English with Mandarin simultaneous interpretation service provided.*

*(當天上下午活動，將提供英/國語同聲翻譯服務)*

## EDUCATION PROGRAM (subject to change)

### 09:30 - 10:20 Chinese Medicine Treating Dementia in Senior

Dementias are very common disorders in seniors. Most of them are not able to be cured but if treated early, some of them might be significantly reduced their degeneration. TCM treatments may be helpful for those treatments. In this session, based on TCM views, TCM syndrome differentiations (辯證分型) of most common dementias in seniors (Alzheimer's disease, cerebral vesicular dementia, and Lewy body dementia) are discussed; also the herb and acupuncture treatments are introduced.

- Dr. Kai Chen



Dr Kai Chen is a graduate from Beijing University of Traditional Chinese Medicine and China Academy of Chinese Medicine Science (Beijing, China) and achieved the degrees of bachelor of medicine (MD, China) and master and Ph.D. in Chinese Medicine under the guidance of Professor Ke-ji Chen, an academican of the Chinese Academy of Sciences. He has more than 30 year clinic experience. He worked in Xi Yuan Hospital affiliated with the academy for 13 years with a position of associate professor in internal medicine. Since 1995, he has been a member of the editorial board of the Chinese Journal of Integrated Medicine (English). He published more than 20 academic papers and books in China. Since 1997, he has been practicing and teaching TCM in Canada.



## 10:20 - 11:10 Memory... How Can We Keep It Effective?

***Are you having trouble remembering dates, names, words?***

***Is it difficult to recall new information?***

***Does all this worry you?***

This interactive workshop offers the attendees 8 tips on how to improve their memory. They include: long & short term memory function, stages of memory, brain exercises, learning retention, attitude, nutrition, etc.

By the end of the session the attendees will take away some valuable and beneficial strategies to enhance their memory.

- *Sandy Chernoff*



**Sandy Chernoff**, owner of Soft Skills for Success, has combined her over 20 years of soft skills training, 30 years of didactic and clinical teaching in study clubs and continuing dental education, as well as her people experiences from over 40 years of Dental Hygiene practice, into her customized interactive workshops.

Her energetic and humorous presentation style has entertained and informed audiences from Victoria to New York City. Her clients include a wide variety of businesses, law firms, teaching institutions, professional organizations & conferences.

As the author of, **5 Secrets to Effective Communication**, she has demonstrated her ability to demystify the complexities of communication and provide her broad variety of clients with strategies and tools to make them really good at their jobs while having fun!

## 11:10 - 11:30 Refreshment Break

## 11:30 - 12:20 TCM Obstetrical Assessment and Treatment for Labour Preparation

There are a lot of conflicting and sometimes contradictory information regarding obstetrical care within the TCM community today. Before practicing in this field, it is important to understand and appreciate the unique demands that accompany treating pregnancy and childbirth.

This session will discuss what information needs to be gathered when preparing the mother for birth, and how to assess a patient to appropriately choose a safe and effective treatment.

- *Dr. Emilie Salomons*



Dr. Salomons graduated from the 5-year Doctor of TCM program in 2005. Over the past decade she has deepened her studies by spending eight months doing postgraduate studies in Beijing, China, by becoming a birth doula, as well as by doing hundreds of hours of continuing education in TCM reproductive and obstetrical health. Dr. Salomons is a fellow of the American Board of Oriental Reproductive Medicine (ABORM) and a board member of the Canadian Association of Oriental Obstetrical Medicine (CAOOM).

Dr. Salomons has treated patients and taught TCM to varied allied health professionals including nurses, doctors and midwives, in North America, Africa and Asia. She is a project lead and the sole TCM practitioner for the innovative, Canada-India Maternal-Infant Health Project, which aims to improve the partnership of traditional and allopathic medicine to reduce maternal and infant mortality in Odisha, India.

She currently practices out of Acubalance Wellness Centre.

## 12:30 - 1:30 Lunch Break

## 2:00 - 4:00 2015 Annual General Meeting Simultaneous interpretation services provided (提供英/中同聲翻譯)