

# CTCMA Continuing Competency Activity Log

Updated October, 2021 Version (V1-PSP)



College of  
**TRADITIONAL  
CHINESE MEDICINE  
PRACTITIONERS +  
ACUPUNCTURISTS**  
of British Columbia

Name: \_\_\_\_\_

Registration No. \_\_\_\_\_

Two Year Log from: April 1, \_\_\_\_\_ to March 31, \_\_\_\_\_  
Year Year

Formal description on Continuing Competency Program Requirements is available here:

<https://ctcma.bc.ca/quality-practice/quality-assurance-program-qap/continuing-competency-requirements/>

Category A - Interactive Formal Courses	Category B - Self Study (Max 16 hrs)	Category C - Structured Interactive Activities (Max 10 hrs)	Category D - Using Practice Support Program (PSP) Components	CE Requirements
<p>List Provider, course name, date and number of hours</p> <p><b>Code Description</b></p> <p>A1 A1 <b>Live</b> (including in-person or online) interactive workshop, seminar or training when attendance is taken and monitored</p> <p>A2 Electronically offered continuing education when two conditions are met: (i) attendance is taken and monitored, (ii) there is an assessment tool for the course</p>	<p>List details of articles, journals, texts, online research, and core knowledge self-improvement</p> <p><b>Code Description</b></p> <p>B1 Journal Review</p> <p>B2 Text book relating to TCM/A, biomedicine, or health care</p> <p>B3 Self review of practice and core knowledge. Completion of recorded webinar</p>	<p>List interactive meetings either live or through other means with other licenced health care practitioners. Provide names of groups or individuals with whom you participated with</p> <p><b>Code Description</b></p> <p>C1 Study Group - Live (In-person)</p> <p>C2 Study Group - online or telephone</p> <p>C3 Peer Supervision, Clinical Round, or training group</p>	<p>Self-Reflective Assessment Tool (10 CE credits)</p> <p>Continuing Professional Development Plan (10 CE credits)</p> <p>Learning activity (1 CE per hour of activity) - Indicate in the table which CSC the learning activity is related to.</p> <p>Learning Evaluation &amp; Reflection (5 CE credits per evaluation / reflection; and up to 20 CE credits for 4 distinct activities)</p>	<p><b>Ethics (min 4 hrs)</b></p> <p>List or include - details relating to specifics on ethical practice in TCM/A listed by indicating in the "Description" column. Can be fulfilled in Category A, B, C, and/or D (<b>Special*</b>).</p> <p><b>Face-to-Face (In-person) (min 6 hours)</b></p> <p>Minimum 6 face to face (in-person) hours acquired through A1 and/or C1. (<b>Special*</b>: Completing activities in Category D can fulfill this requirement/) Indicate in the "Description" column.</p> <p><b>Minimum 50 CE hours per reporting period</b></p>

## Special\*

\* If reporting activities relating to Career-Span Competencies 1 to 6, these activities are considered related to "Ethics".

\* If more than 6 CE are reported in Category D, the Face-to-Face (in-person) 6 CE requirement is considered fulfilled.

Category A's Total Hours: \_\_\_\_\_

Category B's Total Hours: \_\_\_\_\_

Category C's Total Hours: \_\_\_\_\_

Category D's Total Hours: \_\_\_\_\_

Has the "Ethics" minimum 4 CE hours requirement been met? \_\_\_\_\_

(Please indicate the activities in the "Description" column)

Has the "Face-to-Face" minimum 6 CE hours requirement been met? \_\_\_\_\_

(Please indicate the activities in the "Description" column)

Has the minimum 50 CE Hours per reporting period requirement been met? \_\_\_\_\_

